

# FREE WORKSHOPS FOR PARENTS & CARERS



Let's Talk- simple tools for building early language

TUESDAY 25<sup>TH</sup> NOV 7-8.30PM, ON ZOOM

Join Leigh, one of the Clinical Directors, and Speech and Language Therapists, at Insight Clinic for a session exploring how children learn to communicate, from first sounds to fluent conversations.

Hear Me, See Me, Know Me

WEDNESDAY 3<sup>RD</sup> DECEMBER, 7-8.30PM, ON ZOOM

A workshop for parents of children who are being assessed or are diagnosed as autistic, delivered by Elaine McGreevy- Speech & Language Therapist.

Surviving the Season: Fussy Eating & Autism Made Easier

WEDNESDAY 10<sup>TH</sup> DECEMBER, 7-8.30PM, ON ZOOM

A session on fussy eating and autism with Dr Kirsty Porter, Children's Dietitian at Nutrition4kidsNI.

CALL 0808 8020 400 NOW FOR MORE  
INFORMATION OR TO BOOK YOUR PLACE



# Let's Talk- simple tools for building early language



Join Leigh, one of the Clinical Directors, and Speech and Language Therapists, at Insight Clinic for a session exploring how children learn to communicate, from first sounds to fluent conversations.

We'll cover what's typical at different stages, when to seek support, and simple, practical ways to build language through everyday play and routines. You'll leave with realistic milestones, tips, and confidence to nurture your child's communication journey.

When: Tuesday 25<sup>th</sup> November

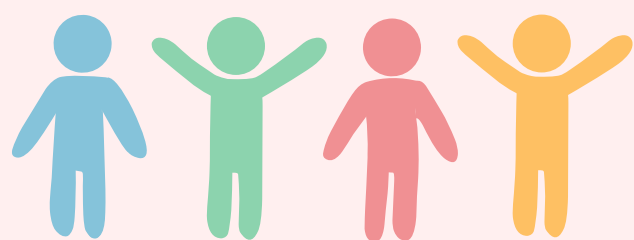
Time: 7-8.30pm, on Zoom

To book a place call free

0808 8020 400

Insight  
Clinic  
  
ASSESSMENT AND THERAPY





# Hear me, See me, Know me

A workshop for parents of children who are being assessed or are diagnosed as autistic-delivered by Elaine McGreevy- Speech & Language Therapist

- Support communication preferences
- Understand sensory experiences & attention
- Communicate with a child/young person in distress

**When: Wednesday 3<sup>rd</sup> December**

**Time: 7-8.30pm, on Zoom**

**To book a place call  
free 0808 8020 400**





# Surviving the Season: Fussy Eating & Autism Made Easier

Join our session on fussy eating and autism, led by  
Dr Kirsty Porter a Children's Dietitian from  
Nutrition4kidsNI.

Discover practical strategies to help master fussy  
eating including mealtime challenges, sensory  
eating and food acceptance tips.

When: Wednesday 10<sup>th</sup> December

Time: 7-8.30pm, on Zoom

To book a place call free

0808 8020 400

